Holiday spirit hits downtown Scranton

By Dru Hensley
Staff writer

The Electric City has done it again! On November 22nd the city of Scranton kicked off its annual Scranton Jaycees Parade. In true holiday spirit, over forty thousand people lined the streets of the parade route for a few hours of good old fashioned holiday fun. The parade, which commenced at 9am, traveled from Franklin Ave all the way to Adams Ave with several floats and balloons making up the procession.

The Greater Scranton Junior Chamber of Commerce, otherwise known as the Scranton Jaycees, have been helping young people develop leadership skills and perform community service projects since 1938. This year marked the sixteenth year for the Scranton Jaycees parade making it a true holiday tradition for the people of Northeast Pennsylvania. This year, the Scranton Jaycees float was back after having been absent for the past three years. Another interesting float was this year’s Earth Friendly float being aptly named ‘The Twelve Ways of Greenness’. The float represented several means of preserving the earth by taking small steps to do your part, such as recycling. Some of the new balloons included Garfield’s Baby Odie, Felix the Cat, and a Christmas Elf. Perhaps the most cheerful of the new additions is not a float or balloon at all. This year, Times Shamrock employees collected letters written to Santa from kids and families on the parade route. Sharon Venturi, the advertising representative with Times Shamrock has been collecting letters to Santa for over fourteen years, but this is the first year that people will be collecting the letters in person at the parade.

The Grand Marshall for this year’s parade was none other than Mayor Chris Doherty. Alongside him was his wife Donna, who had her own mural from her Heart to Art foundation. People along the parade route were allowed to paint on the mural to show their support.

Even more exciting than the array of spectacles at this year’s parade, was the scholarship opportunity students here at the Worthington-Scranton campus were given. Every year since 1989, the Greater Scranton Jaycees award one outstanding Penn State student a scholarship opportunity. The Greater Scranton Jaycees award one outstanding Penn State student a scholarship to help pay for their higher education expenses. This year, the 2008 Greater Scranton Jaycees award one outstanding Penn State student a scholarship opportunity. The scholarship opportunity students here at the Worthington-Scranton campus were given. Every year since 1989, the Greater Scranton Jaycees award one outstanding Penn State student a scholarship opportunity. The Greater Scranton Jaycees award one outstanding Penn State student a scholarship opportunity. The scholarship opportunity students here at the Worthington-Scranton campus were given. Every year since 1989, the Greater Scranton Jaycees award one outstanding Penn State student a scholarship opportunity. The Greater Scranton Jaycees award one outstanding Penn State student a scholarship opportunity. The scholarship opportunity students here at the Worthington-Scranton campus were given. Every year since 1989, the Greater Scranton Jaycees award one outstanding Penn State student a scholarship opportunity. The Greater Scranton Jaycees award one outstanding Penn State student a scholarship opportunity. The scholarship opportunity students here at the Worthington-Scranton campus were given. Every year since 1989, the Greater Scranton Jaycees award one outstanding Penn State student a scholarship opportunity. The Greater Scranton Jaycees award one outstanding Penn State student a scholarship opportunity. The scholarship opportunity students here at the Worthington-Scranton campus were given. Every year since 1989, the Greater Scranton Jaycees award one outstanding Penn State student a scholarship opportunity. The Greater Scranton Jaycees award one outstanding Penn State student a scholarship opportunity.
Letter From The Editor

This is currently our fourth issue and it has me personally excited because with four issues, comes a sense of stability. We have done what other past editors and staff writers of The Cub’s Roar did not accomplish. That is, we have created a rather large paper and have not quit or stopped just because things were tough. This paper is here to stay and it is growing in popularity with every issue we create. As I have continuously stated in past Letters from the Editor, I am very proud of my staff’s hard work. I could never have done this without them and they continue to inspire me to work harder.

The semester is slowly coming to an end and finals are beginning this week. Please take a look at this paper and ask yourself one question. “Next semester, can I see myself pushing through with schoolwork and something that is extracurricular?” If your answer to that question is yes, then ask yourself if you have any interest in joining The Cub’s Roar. The students in this club work as a team and the sense of camaraderie is immense. We would like to keep expanding our issues, but need more people to join for this to be possible. With a few more students, we might be able to produce a 24 page paper or even a 28 page paper. The possibilities are endless with additional help and support.

This issue has more new content than ever before. We have included a game page and also have a comic strip by Troy O’Grady from the Anime Club. If any other clubs would like anything printed, we would be happy to work with them. A recent idea that is being discussed is to include a classified section. If anyone is interested, please email me at Dem5031@psu.edu. It will cost $2 per line with a line being approximately twelve words. Students or faculty can place any type of ad within our paper and at this price. If you have anything you want to sell such as a car, guitar, old textbook, etc., this is a cheap way to spread the word. Classifieds can also contain just about anything you want them to and we are required to print them as long as it is not threatening or hurtful to anyone that attends Penn State Worthington Scranton. Valentine’s Day is soon approaching-saying “I Love You” to that special someone may really make them feel appreciated; Do it through The Cub’s Roar.

I wish everyone a special holiday season and safe traveling.

From the desk of The Cub’s Roar:

Words

By Justin Frances

Lovely words, lovely speech. Always colorful, never consumed in haze. Constantly elite, Behold!, lovely enough 2 keep.

Skipping nothing; all in detail. Describing every letter, annunciating in a daze. So easy and simple; how do most fail? 2 speak the stories. Suck interesting tales.

Words, yes words, so intricate. They influence, they construct mazes. Such beauty, such notoriety, so delicate. They demolish, heartbreak, leaving many desolate.

Words, lovely words, such things, free. Open 2 all, singing and laughing in plays. All require a voice 2 distribute these, Tasteless and tasteful words 2 speak.

The power is endless. Words have no limit, spoken in many ways. Words bring joy or can leave you smileless. Words love 2 be spoken, spoken with magnificent tenderness.

“Surfin Bird”

“huh? that’s odd, I thought that would be big news” “there seems to be an absence of a certain ornithological piece” “A headline regarding mass awareness of a certain avian variety” “ah the the bird bird bird the bird is the word”

Family Guy Season 7 Episode 2 “I Dream of Jesus”

“Happy Holidays”

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Special thanks to all of our contributing writers, photographers, and helpers

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Want to become a member of our staff? Stop by our office in the back of the SGA’s office. We are looking for motivated, hardworking, creative people who want to learn how to build a newspaper from the ground up. We will teach you everything and all ideas are welcome. Have something substantial to add to your résumé.
Black Friday
By Jai Morgan
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2008’s version of Black Friday has now come and gone. Black Friday falls every year on the day after Thanksgiving. It is always the biggest day of retail sales of the year, and businesses move “into the black.” That means that they gain a profit and move “out of the red,” which constitutes a deficit. Businesses all over the nation give substantial discounts for consumers everywhere to promote more and more shopping. As a result, people line up outside of stores hours before they open to take advantage of the incredible sales.

Some of the best deals available came from stores like Best Buy, Circuit City, and Lowe’s. Best Buy offered an HP Desktop Computer with a 21.6 inch LCD Wide-screen Monitor and a Canon Color Printer for $599.96. That was a total of a $400 sale. Circuit City gave a 50% discount off all Nintendo Wii accessories, and Lowe’s sold $89.99 14 gallon Shop Vacs for $29.99.

Despite the deals and the total sales of $10.6 billion, the increase from last year was only 3% according to Reuters. It was the smallest sales increase in three years. In comparison, last year’s sales increase was 8.3%. However, the numbers are still very impressive for the time. The economic crisis threatened to hurt Black Friday sales as it has hurt all retail sales in this economic period.

The impressive Black Friday sales don’t necessarily mean more retail sales overall. In fact, according to a recent Gallup poll, individuals are expected to spend only $616 on holiday gifts this year. That is a decrease of 26% from last year. In addition, Americans cut purchases by 1% last month, the largest decrease since the recession of 2001. After making adjustments for inflation, individual spending decreased for the fifth straight month. That is the longest streak since 1990-1991, according to U.S. Commerce Department data.

Business
Cross Country was very successful this year

By Mike Verbiakes
Sports writer
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During the 2008 Fall Semester, the Men’s and Women’s Cross-Country teams participated in four invitational, one Penn State University Athletic Conference (PSUAC) Championship and most recently, capped off their seasons with a historic trip to the USCAA National Championship in Southern Virginia. Amid all this, numerous awards were won and countless new records set along the way. It was clear that both teams accomplished a tremendous amount during this past semester and it felt fitting to offer up a recap of the season’s actions. Congratulations to all who participated, and good luck to those returning next year.

The first race of the semester took place at Penn State Wilkes-Barre on September 13, as part of the Johnson College-Penn State Wilkes-Barre Invitational. During the afternoon, the women finished second meanwhile accumulating a point total of twenty-two, behind only Penn College who had nineteen points. Highlights of the event included a medal winning performance by Samantha Snead, who finished first with a time of 18:27 for the 3.1 mile course. Following closely behind her was Matt Cerninario 31:11 (tenth), Dave Moss 32:32 (seventeenth), Rich Robinson 33:26 (twenty-sixth), Chris Burke 33:33 (twenty-third), Josh Grudzinski 34:29 (twenty-fifth), Treg Davis 35:51 (thirty-seventh), Chris Joseph 36:55 (thirty-ninth), Rich Emiliani 38:27 (fourty-third), Joe Moss 39:10 (forty-sixth), Marc Steiger 39:53 (forty-ninth), William Brew 41:52 (fifty-fourth), Alex Muentes 41:59 (fifty-fifth), Pat Murphy 44:23 (fifty-seventh), Corey Chorba (fifty-eighth), Pat McMynne 45:32 (sixtieth).

The second race of the season took place in familiar territory, at home, during the Penn State Scranton Invitational on September 20. The event was a trip home, but it also carried the distinction of being the first 6K course of the year. Despite this new hurdle, both teams did not disappoint in front of the home crowd, again notching dual second place finishes. The Women accumulating a point total of twenty-four trailed closely behind Penn College with their twenty-one points. Samantha Snead, who finished first, earned a medal with a time of 21:56, also earned a medal as well. Following these two ladies were Amanda Klimasiewski 22:44 (sixth), Rebecca Kinsey 23:59 (tenth), Nichole Blasi 24:24 (twelfth), Justyna Thomas 24:54 (thirteenth), Robin Schafer 25:04 (fortieth), and Stephanie Emerick 29:58 (twenty-first).

During the Men’s half of the afternoon, Penn State Worthington Scranton also finished in second place with a point total of fifty-nine, trailing behind only Penn College with sixteen points. Frank Spear had a comparable medal winning performance as he finished fifth with a time of 30:20 for the 5.0 mile course. Following closely behind him was: Matt Cerninario 31:11 (tenth), Dave Moss 32:32 (seventeenth), Rich Robinson 33:26 (twenty-sixth), Chris Burke 33:33 (twenty-third), Josh Grudzinski 34:29 (twenty-fifth), Treg Davis 35:51 (thirty-seventh), Chris Joseph 36:55 (thirty-ninth), Rich Emiliani 38:27 (forty-third), Joe Moss 39:10 (forty-sixth), Marc Steiger 39:53 (forty-ninth), William Brew 41:52 (fifty-fourth), Alex Muentes 41:59 (fifty-fifth), Pat Murphy 44:23 (fifty-seventh), Corey Chorba (fifty-eighth), Pat McMynne 45:32 (sixtieth).


Success in sports relies on a combination of hard work, experience and having the right person leading the way. At Penn State Worthington Scranton, we are fortunate enough to have Joe Walsh, Head Coach of Men’s Basketball, return for his sixteenth season in the Penn State University Athletic Conference (PSUAC). On December 5, Coach Walsh and the team will open their season at home with a game against Beaver.

CHEERLEADING ADVISOR – CONNIE STANKOWSKI
Along with the basketball team, the 2008/09 Penn State Worthington Scranton Varsity Basketball Cheerleaders, lead by advisor Connie Stankowski, will be taking to the court. Ms. Stankowski, who is the Assistant Athletic Director on campus, is dedicated to her ecletic group of young ladies and is well aware of their impact, not only during sporting events, but also in the community through various activities and fundraisers. During an interview, she mentioned that the squad serves as support for sports on campus other than basketball. She describes squad members as “ambassadors” of campus sports and exemplifies sportsmanship and school pride on campus.

Connie Stankowski, Assistant Athletic Director poses with the basketball cheerleaders

Joe Walsh – Head coach of Men’s Basketball

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$25 of Free Gas!
For those interested in submitting their poems, quotes, or anything that would better serve our Literature Section, please contact Shawn McDonough at Ssm5037@psu.edu. Thank you!

Draw a Crazy picture, Write a nutty poem, Sing a mumble-grumble song, Whistle through your comb. Do a loony-goony dance ‘Cross the kitchen floor, Put something silly in the world That ain’t been there before.

―Put Something In‖
By Shel Silverstein

Hold fast to dreams For if dreams die Life is a broken-winged bird That cannot fly.

Hold fast to dreams For when dreams go Life is a barren field Frozen with snow.

―Dreams‖
By: Langston Hughes

They said come skating; They said it’s SO nice. They said come skating; I’d done it twice. They said come skating; It sounded nice. I wore roller- They meant ice.

―Come Skating‖
By: Shel Silverstein

You closed your eyes - that was the difference. Sometimes you cannot believe what you see, you have to believe what you feel. And if you are ever going to have other people trust you, you must feel that you can trust them too -- Even when you’re in the dark. Even when you’re falling.

―Tuesdays with Morrie‖

“Do one thing every day that scares you.” - E. Roosevelt

Never regard your study as a duty, but as the enviable opportunity to learn to know the liberating influence of beauty in the realm of spirit for your own personal joy and to the profit of the community to which your later work belongs.

- Albert Einstein

It’s all right letting yourself go as long as you can let yourself back.
- Tupac Shakur

"It's the game of life. Do I win or do I lose? One day they're gonna shut the game down. I gotta have as much fun and go around the board as many times as I can before it's my turn to leave."
- Tupac Shakur

You've got a lot of choices. If getting out of bed in the morning is a chore and you're not smiling on a regular basis, try another choice.
- Steven D. Woodhull

"Trying to be fascinating is an asinine position to be in."
- K. Hepburn

"Time you enjoy wasting, was not wasted."
- John Lennon

You’ve got a lot of choices.
Fred Aebli becomes December's Professor of the Month

By Shawn McDonough
Ssm5037@psu.edu

Shawn McDonough: What characteristics of teaching have you taken from your own professors?
Fred Aebli: As alumni of Penn State, my professors such as Paul Perrone, Rich Dempsey, Mark Banaszek, and John Baildon all taught me to make learning fun and interesting. It’s important to love what you do because if once you do, then you’ll love teaching it to the students.

SM: Who was the biggest influence in your life?
FA: My six uncles were my biggest influences in life. My dad died when I was 10 years old and with my mom coming from a family of twelve, I was at that age looking for someone to guide me. Each of my uncles were different and as a result, I picked something from each one.

SM: If you could change anything in your life, what would it be and why?
FA: To be honest, I wouldn’t change anything. However, if I were to change anything in my life, I would have gotten involved more with the Penn State Scranton Worthington campus when I attended here. I would have joined clubs and became an active member in students’ activities.

SM: Why did you choose to become a professor?
FA: Actually, I was working on a large project at Berwick Nuclear Plant when I came here to visit the campus. While visiting, I met with Rich Dempsey who asked me if I would be interesting in teaching a night class that he felt I would be perfect at. Once I began teaching that class, Dempsey told me about the new IST 2 year degree. Therefore, I came here to teach full-time and helped set up the 2 year IST degree program in 1999.

SM: What is the biggest challenge you’ve faced in life?
FA: Being a father is challenging. I say challenge as a good thing, not bad. I feel it is challenging because it has the highest stakes involved. I wouldn’t trade fatherhood for anything in the world. They keep me on my toes.

Meet the Chancellor

By Shawn McDonough
Ssm5037@psu.edu

Mary-Beth Krogh-Jespersen is one of the most modest women I have ever met. Her accomplishments exceed what most people achieve in a lifetime and she still continues striving as our Chancellor to make our school the very best in the world. She is the Energizer bunny with her admirable assertive in doing great things for our school and our community.

How did Mary-Beth Krogh-Jespersen’s life journey bring her here to Penn State? It all started in Boston, Massachusetts where she was raised. She attended Northeastern University there with Chemistry as her major. She received her BA in Chemistry. While she studied at the college, she became involved with the CO-OP program where she did a quarter of school and then another quarter in the workforce at places such as the popular Beth Israel Hospital along with M.I.T. Upon her realization that she would need to acquire a doctorate to pursue the work she wanted to do, she went to New York. Despite being the only woman in her classes, she showed the men in her classes that she was well educated and soon the men recognized her as one of their colleagues. “Looking back on that experience, I would never change that because whatever the issues I dealt with back then, I’m glad I went through it because it was all worthwhile,” Mary-Beth Krogh-Jespersen says in response to being the only woman in her classes.

During graduate school, it soon came clear to her that she didn’t want to continue with Chemistry. The application wasn’t what she wanted; she preferred to understand the theories to the actual application. Writing about the ways of the application by dissecting the theory and explaining it thoroughly interested her far more. Consequently, she and her husband, whom she met at graduate school, traveled to Germany for two years during her post-doctorate to do research for two years. Her stay in Germany helped her realize “how global the world was.”

Chancellor cont. on page 15
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STDs.. Should you be scared?

By Dru Hensley
Staff writer
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The time for tests is NOW! Before you freak out, let me inform you that this test doesn’t require countless hours of studying and pulling all-nighters to pass a class. I’m talking about getting tested for sexually transmitted diseases, or STDs. Now, before you throw the paper down and proclaim that you are STD free, think about what the consequences could be if you aren’t. A simple test can tell you for sure whether or not you have any STDs that need treatment.

Most people don’t get tested because they believe that they are at no risk of getting an STD. But even if you’ve only had sex once, you are at risk. And we’re not talking just intercourse. Even oral sex can spread STDs. Don’t think we are telling you not to have sex. We’re not. As consenting adults, it’s perfectly normal to have a healthy sex life. The keyword in that statement is ‘healthy’. Know your facts and stay informed.

First, testing for sexually transmitted diseases has come a long way in the past few years. With the advancement of cell culture and other testing techniques, doctors can tell if something is wrong in a very short time. And the procedure is fairly painless. Now guys, I know what you’re thinking and NOBODY sticks anything into your urethra. That was an older method. Newer methods only require drawing some blood.

Now that you understand how the process works, you should also understand the importance of getting tested. The Center for Disease Control, or CDC, estimates that about 19 million new infections occur each year. And that just is just in the United States. Even more frightening is the fact that almost half of that number is among people between the ages of 15 and 24. Take a look around you. Most of the students on campus fall into that age group! Now of course there are ways to help prevent the spread of STDs. Condoms are the most popular way and the most effective WHEN USED CORRECTLY! Studies have also been done to show the correlation between certain STDs. It was shown that people with STDs such as Chlamydia, Gonorrhea, and Syphilis were 2 to 5 times more likely to be infected with HIV. Also, these STDs can go with minimal symptoms for long periods of time while they become more dangerous. So it’s possible that you have an STD and don’t even know about it. For more information on the symptoms of STDs you should visit www.cdc.gov.

So don’t put it off any longer. Get tested and know for sure. STD testing is FREE at Planned Parenthood located at 316 Penn Ave in Scranton. They take walk-ins from 3:00pm to 5:30pm on Tuesdays and Thursdays. This service is COMPLETELY CONFIDENTIAL! You can also call 1-800-230-PLAN for more information on testing centers in your area, or check with our campus nurse, Tara Morgan in the bottom of the SLC. Getting tested is nothing to be embarrassed about. It’s a mature decision made by mature students.

Vegetarianism

By Jai Morgan
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As readers may or may not know, I am a vegetarian. The first question I always receive is “Why am I a vegetarian?” followed by “What do you eat?” My answer is always the same. “I can eat anything that you can that isn’t a dead animal.” The truth is that vegetarianism can be a very healthy way to live your life. This article is designed to answer questions and clear up misconceptions about the lifestyle.

Another question that comes up frequently is, “How do you get enough protein and iron?” There are many ways to incorporate protein in a balanced vegetarian diet. One great way is to eat beans. There are so many different kinds of beans to choose from such as: kidney, lima, pinto, cranberry, navy, Great Northern, garbanzo, soy and black-eyed peas. These can be served with rice, added to soups, stews, salads or a variety of caseroles, and made into different ethnic dishes. Iron is even easier to consume. According to vrg.org, cooked spinach contains 15.7 mg of Iron/100 calories. In comparison, a hamburger has 1.2 mg of Iron/100 calories.

There are many scientifically proven health advantages to a vegetarian diet. According to a large body of scientific literature, the consumption of a diet of whole grains, legumes, vegetables, nuts, and fruits, while carefully avoiding meat and high-fat animal products, proves to be very healthy. Of course, it’s important to combine that diet with a regular exercise program. The vegetarian diet is consistently associated with lower blood cholesterol levels, lower blood pressure, less obesity and thus less heart disease, stroke, diabetes, and cancer.

Another advantage of a vegetarian diet is lower blood pressure. In fact, studies in the 1990’s showed that a vegetarian diet could significantly lower a person’s blood pressure within the first two weeks. It is thought that the lack of meat products and added fats reduces the viscosity of a person’s blood. If blood’s thickness is lowered, it will bring down blood pressure. In general, plant products are lower in fat and also contain high amounts of potassium. Both of those attributes are excellent for bringing down blood pressure.

This article is not designed to convert all “meat eaters” into vegetarians. It simply provides an insight into the life of a vegetarian and show the health benefits of a diet that doesn’t include dead animals.

Healthier than you may think.
That’s right, it’s the start of a new year along with the struggle of keeping one’s resolution! For the most part, everyone makes some resolutions for the New Year, but does anyone know how it originated?

According to an article written by Emily Perrault, the New Year’s resolution began during the days of the early Babylonians. In their time, returning borrowed farm equipment to the proper owner was considered the most common resolution. For the Babylonians, they started when Janus, a mythical king of early Rome, was placed at the head of the calendar in 153 B.C. Since Janus had two faces, it signified that he could look back on past events and forward to the future. Subsequently, the Romans viewed Janus as the ancient symbol for resolutions. Additionally, the Romans named the first month after Janus who symbolized the god of beginnings along with the guardian of doors and entrances. The Romans imagined Janus looking back at the old year and forward to the new year when the clock stroked midnight because of his two faces.

Now that everyone has an idea of where resolutions came from, here are some funny resolutions that the people wrote on different websites that perhaps even YOU might be able to keep if you struggle to keep the traditional ones.

- Just for today, I will not sit in my living room all day in my nightdress. Instead, I will move my computer into the bedroom.
- I will no longer waste my time reliving the past; instead, I will spend it worrying about the future.
- I will not bore my boss with the same excuse for taking leaves. I will think of some more excuses.
- I will do less laundry and use more deodorant.
- I will avoid taking a bath whenever possible to conserve more water.
- I will give up chocolates totally. 100%. Completely. Honestly.
- I will try to figure out why I “really” need nine e-mail addresses.
- I will stop sending e-mail, ICQ, and Instant Messages while being on the phone at the same time with the same person.
- I will spend less than one hour a day on the Internet. This, of course, will be hard to estimate since I’m not a clock-watcher.
- I will read the manual... just as soon as I can find it.
- I will think of a password other than “password.”
- I will not tell the same story at every get together.
- I won’t worry so much.

If you’re one to keep with traditional resolutions, the writers on goal-guys.com list the top ten resolutions people tend to make for the new year.

1) Getting into Shape
2) Getting More Organized
3) Giving up Smoking / Drinking
4) Getting / Changing a Job
5) Keeping a Check on Expenses & Pay Down Debt
6) Buying a House / Renovate / Relocate
7) Finding a Mate
8) Learning Something New
9) Enjoy More and Travel More
10) Spend More Time with Family
11) Working on a Hobby
12) Helping Others / Doing Service to the Society

Personally, I feel everyone should make resolutions that are practical and easy to keep so when the next year rolls around, you aren’t left feeling defeated that you didn’t keep any resolutions from the prior year. Resolutions do not need to be these massive life changes; instead, the resolutions should act as a guide to living a more healthier, happier, and productive life. If anyone plans any resolutions for the upcoming year, it should be to live life to the fullest and live each moment as if it were your last. In other words, live it up while you can!

Back in February of 1989, our very own Cub’s Roar displayed classifieds in their newspaper. When anyone thinks of classifieds, the idea of people trying to sell their cars, houses, and apartments may come to mind. However, classifieds published in the Cub’s Roar weren’t anything like the traditional classifieds one would find in the Paper Shop or The Times-Tribune. Instead, they advertised random things, including their hope of finding a certain type of girl to satisfy their particular need along with personal messages to people.

One classified, as shown to the right, is an example. The staff and I here at Cub’s Roar thought it would be funny to see if “Bubba” was still looking for his fantasy girl. I took it upon myself to call and leave a sultry message in hopes that he would be intrigued. To our dismay, our dear desperate “Bubba” must have changed his number since the voice-mail message had the name of Anthony.

Personally, I think that “Bubba” didn’t want to reveal his identity in the issue so he came up with the pseudonym “Bubba” to cover up his true self a.k.a. Anthony.

My message to “Bubba,” or now apparently Anthony, went along these lines:

“Hello Bubba, this is Shawn McDonough from the Cub’s Roar. I’m calling to find out if you ever found that tall blond with the playbook figure who must love sex in the office. If not, please get in touch with me. I’m very interested in fulfilling that role. I hope you have a great night. I look forward to hearing from you. Byyyyyyyyyyyy.” Unfortunately, “Bubba” has not returned my sultry message. I suppose that is to be expected since he printed that ad back in 1989 and it is now 2008. I would hope that in the last nineteen years, he found some girl to fulfill his fantasy because if not, I think we should feel slightly bad for him. Everyone here at the paper will keep our readers posted if “Bubba” ever jumps at my message and returns my call. Until then, “Bubba” will always remain in that infamous issue of Cub’s Roar.
“Penn State’s Mocktail Competition”

On November 12, Penn State Worthington Scranton held its annual Mocktail Competition. All clubs were mandated to participate but did so with great enthusiasm since they had a chance to win $100 dollars for their club’s account. The clubs that participated were as followed: Business Club, Outdoor Adventure Club, Cub’s Roar Organization, Nursing Club, Music Club, IST Club, Athletic Club, Drama Club, Engineering Club, and Blue and White Society / Pride Club. The prizes the clubs fought to win were Most Original Drink, Best Table Display, Best Tasting Drink, and lastly, Best Looking Drink. The winners of each award were as followed: Most Original Drink - Nursing Club’s “Hospital Waste”; Best Table Display - Cub’s Roar; Best Tasting Drink - Engineering Club’s “Engineering Disaster”; Best Looking Drink - Outdoor Adventure Club’s “Tropical Sunrise.” Additionally, Nanci Purcell hired “EJ the DJ” to play fantastic music to entertain everyone. Congratulations to all of the winners!

Penn State Worthington-Scranton in cooperation with the Red Cross held a fall/winter Blood Drive on Wednesday, November 19. The event held in the Cafeteria Conference Room served as one example of the countless procedures the Red Cross takes in order to ensure blood supplies do not run out at area hospitals. Although all blood types remain in constant demand, type O- is the least common of the three.

Why should one consider giving blood? According to a Red Cross representative interviewed during the event, he mentioned that blood transfusions mean “life or death for the patient.” Blood transfusions give patients entering Emergency Rooms all across the world better chances for survival and also make an innumerable amount of surgeries possible.

Does this view look familiar? If you are a student on campus, that is a business major, it will be familiar shortly. This is the view from the construction of the new Business Building. After taking a thirty minute tour of the building with Gene Grogan, Director of Business Services, I have figured out one recurring theme that is prominent throughout the new building. The theme is TECHNOLOGY! Everything within the building is extremely advanced. There will be a stock trading room that has a twenty-foot stock ticker that has a twenty minute delayed feed from the New York Stock Exchange. The stock ticker is the first of its kind to be introduced to a campus in Northeastern Pennsylvania since it has eight colors instead of the normal three; most other colleges have a three colored stock ticker. Also, the room contains twenty workstations that have dual monitors for students to use. Additionally, there are two forty-six inch flat screen LCD’s used for broadcasting many different business channels such as CNBC and MSNBC. If that is not enough, there is an E-Learning classroom that has video conferencing capabilities for delivering and receiving courses. Another advanced use of technology within the building is that in all of the classrooms, there are touch screen control panels for the operation of the appliances-DVD, TV, and projector. Anyone who will take classes in this building will see just how advanced it is and just how our tuition dollars are paying off.

On Friday December 5, the weather was typical for that of early December; it was overcast and cold, with a slight wind that would chill anyone to the bone. It wasn’t exactly the kind of weather that one would expect people to be walking for leisure, let alone running, but that didn’t stop the proud few that braved the winter cold for the annual Turkey Trot. The Turkey Trot is a two-mile fun run/walk open to all students, faculty, and staff. It had an outstanding outcome. This year, the group of people participating almost doubled from last year. The male and female winners for the students were Frank Spear (13:49) and Samantha Snead (13:59), while the male and female winners for the faculty and staff were Carl Albright (14:30) and Mary-Beth Dougherty (18:50). Other Penn Staters out braving the cold were Marilee Mulvey, Michelle Nicitise, Tina Merl, Dustin Bowen, Johnnie Dang, Laura Labruitt, Mike Salvatano, Elizabeth Jones, Chris Joseph, Alex Muentes, Dave Moss, Rich Robinson, Erik Rowitz, Michael Callahan, William Brew, Rebecca Kinsey, Nichole Blasi, Chris Meszler, and Jeff McLaine.
These events led her to her current position as Chancellor at Penn State Worthington Scranton. Firstly, she became a faculty member in New York for eleven years. She loved her students and only wanted them to succeed in their life. However, she "realized that even the 'A+' students' needed more than classroom experience." She recognized that all outside problems can affect the individual and "wanted to help them by getting into the students' world to better their success." To her, the important thing to do was pay attention. For her, she lucked out greatly with her mentor who was an academic and organizational mentor, the chief financial officer. Through this mentor, she realized, "there was more to my role than a faculty member. It's important to learn from the organization, students and about your discipline." Learning about the organization, it pushed her to receive her MBA in Management in 1999. With all this success, she acquired the position as Dean of Science at Rochester Institute of Technology and then at Richard Stockton College in New Jersey, she assumed the position as the Vice Provost, a position under the President and the first Provost. Her career choices always were challenging, but they all outside problems can affect the individual and working on coming out to her parents officially. Because of Mary-Beth Krogh-Jespersen's response, it gave the girl the courage to tell her parents and the courage to talk to Mary-Beth Krogh-Jespersen about her personal crisis. The young girl went on to write an article about that event and how it helped her live her life the way she wanted to without regrets. "That changed not only my life, but the student's life as well. I never realized that I was going to come out with that answer nor the impact it would have on the girl's life or mine."

The crazy outcome of her decision to leave the study of Chemistry led up to a remarkable achievement. She knew, while in Germany, that she and her husband were conversing with many famous, intellectual minds during their stay there, but it was years later proven to her. As she explained, she and her husband were visiting and published them during their adventures and times spent in Germany. Once she returned back to the United States, she always made sure to check the Nobel Prize website for the recipients of certain awards. Finally, in 1998, she saw that John Pople won, a man whom she had three papers published under the President and the first Provost. Her career choices always were challenging, but they all outside problems can affect the individual and working on coming out to her parents officially. Because of Mary-Beth Krogh-Jespersen's response, it gave the girl the courage to tell her parents and the courage to talk to Mary-Beth Krogh-Jespersen about her personal crisis. The young girl went on to write an article about that event and how it helped her live her life the way she wanted to without regrets. "That changed not only my life, but the student's life as well. I never realized that I was going to come out with that answer nor the impact it would have on the girl's life or mine."

Not only does she have success in her occupation, she has success with her family life. She has a husband who is a professor of Chemistry at Rutgers University, two daughters and a son, all who went onto college to further their success. As a family, she strives for the family to go on trips together to enjoy each other's company and to do some volunteer activities. She hopes to build the idea of helping out a community through volunteer work. During Mary-Beth Krogh-Jespersen’s free time, she commits herself to genealogy research; this is the study of the history of the family. Additionally, she likes to write and publish articles.

As Chancellor, she always looks for ways to help build our school and community stronger by adding things to improve each place. Right now, she’s working with several benefactors to add a Student Success Center along with a Science area. She hopes this will all happen within five years or sooner. The Student Success Center will have many things to help students such as academic advising, leadership development, among other great additional. "In a way, it would be a one stop place to help development beyond the classroom."

She wants student to be able to find different ways to come to a solution. "Being exposed to the world gives you a better understanding of diversity—it's good to push your boundaries." Additionally, "every step you take, let that step open up your world a little wider." Mary-Beth Krogh-Jespersen encourages students to do. Another piece of advice she encourages student to follow is "take some time to listen to your heart and listen to what it is saying— it'll say things to you."

Many people may assume that Mary-Beth Krogh-Jespersen lives her life by a big philosophy, but instead, it's quite the opposite. She likes to live simply and doesn't need a big philosophy to live by. "You can live each day, make a change with one step, and move forward." Also, it's important to have a sense of humor in this crazy world; "you need to learn to enjoy humor and be lighthearted."

On Friday the 12th of December, The Business Club sponsored a trip to New York City. 43 students and faculty went on the trip and visited a range of areas within NYC. Reports showed that many students visited Times Square and also Rockefeller center. This is The Business Club’s 2nd trip to New York City in the past two years and was just as successful as the last.
A college education will be one of the most significant investments you can make. You are expected to contribute as much as you can from earnings, savings, and other assets toward your college expenses, which include tuition and fees, living allowance (housing and meals), plus books and supplies. The aid sources listed on your award however, may not be enough to cover your educational costs. You may need to make alternate plans in order to make up the difference between the student financial aid you will receive and your estimated costs for attending Penn State in 2009-10.

Have you considered the following strategies?

- Non-University Private Scholarships, awarded by high schools, community organizations, or other private philanthropies.
- Penn States Deferred Payment Plan, which gives you the option to pay your tuition bill billable costs (tuition, fees, and room and board, if applicable) less the financial aid that is known at the time the bill is produced in three installments.
- TMS Lion-Pay Monthly Payment Plan, an interest-free tuition payment option in partnership with Tuition Management Systems (TMS). The TMS Lion-Pay monthly payment plan is available for a small annual or semester enrollment fee.
- Federal Direct Stafford Loan(s), affordable low-interest student loans available to both graduate and undergraduate students.
- Federal Direct Parent PLUS Loan(s), available to eligible parents with good credit histories to help pay the education expenses of dependent undergraduate students who are enrolled at least half-time. Please onto www.psu.edu/studentaid for additional information.
- Federal Direct Graduate PLUS Loan(s), available to graduate students who are enrolled in a degree program and who need funding beyond what the Stafford or Perkins Loan provide.
- Private Alternative Educational Loan(s), which may be good options for students who need additional funds to cover educational costs or who are ineligible for federal aid. You can log onto www.psu.edu/studentaid for a list of private lenders and instructions on how to apply.
- Federal Work-Study, a student employment program for eligible undergraduate and graduate students with high financial need. This program currently pays $8.50/hr and students can work up to 20 hrs a week.
- Part-time Employment, either on your Penn State campus or in the local community
- Tax Credit Programs, which allow some taxpayers paying educational fees to claim a Hope Scholarship Credit or a Lifetime Learning Credit against their federal income tax liability.

Veterans Programs, which may allow veterans who are enrolled in degree programs to be reimbursed for their courses. Please contact the financial aid/veterans affairs office on cam pus.

Please do not hesitate to contact me with any questions or concerns that you may have regarding your financial aid, veterans benefits, the work study program, and scholarships.

JUST A SIDE NOTE: On Wednesday January 14th at 6pm in the cafeteria the financial aid office at PSU Worthington/Scranton will present updated financial aid information to all interested students and parents, incoming freshmen, and the general public. This visual powerpoint presentation will focus on the 2009-10 FAFSA, available aid sources, how to apply, and when to apply. Campus based scholarship applications will be available in the financial aid office for all continuing students on January 12th with a deadline date of February 13th

******Special Reminder****** All continuing students are expected to re-file their FAFSA before April 15th 2009. Please log onto the FAFSA website www.fafsa.ed.gov after January 1st to reapply using your 2008 tax returns. Once you submit your FAFSA you must remember to open your mail as Penn State and the state grant agency (PHEAA) may contact with additional requests for information.

Motivational Corner

By Bill Selaca PhD
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How many professors do you have that require too much reading, unrealistic deadlines, and papers that require a great deal of research? And you don’t have the time, the inclination or the ability to do all that.

Let me let you in on a little secret: the classroom is a laboratory of life in which you are being tested, tried and one that you hopefully passed.

You may ask yourself why professors set up classes like that. And that answer is because life is a classroom in which you are being tested, tried and one that you hopefully pass.

Do you see the chain of association here? The class is a laboratory of life because life is a classroom that you are constantly being tested in! Guess what? Everything that you are right now is a direct reflection of life! Your time in the classroom IS life!

Remember, you can’t predict what will happen to you. But, you can decide what happens inside of you. Everything, and I mean everything, that you go through has some value. Some things you go through have great value for you right now, some things, well, not so great value now.

But there is still some value!

Some of the things that you learn in school may not be important to you for years. Just keep learning. Keep building your database of knowledge and your repertoire of problem solving tools and you will find success in your chosen field and a general level of happiness in life. Think about this: The highest qualities of success and character MUST be earned.

The highway to success is a toll road!